

HND Nutrition and Dietetics

Course Overview & Study Guide

Note: This document is an academic study guide produced by UNEE based on the official HND examination framework. It is not an official government syllabus. For the official syllabus, contact the Ministry of Higher Education, Cameroon.

About HND Nutrition and Dietetics

Malnutrition in its various forms is a major public health challenge in Cameroon. Nutrition and Dietetics graduates are trained to assess nutritional status and design therapeutic diets.

The program combines food science, biochemistry, microbiology, and clinical nutrition.

Nutrition professionals are increasingly valued across the health system and food industry.

Course Structure — HND NUD

Credit values are set by the Ministry of Higher Education, Cameroon.

PROFESSIONAL COURSES

Code	Course Title	Credits
NUD11	Case Study	14
NUD12	Food Biochemistry	3
NUD13	Food Microbiology	4
NUD14	Nutritional Needs and Dietary Allowance	3

TRANSVERSAL COURSES

Code	Course Title	Credits
ENG101	English Language	1
FRN101	French Language	1
LCE101	Law and Citizenship Education	1
ECE21	Enterprise Creation and Entrepreneurship	1
CMS23	Computer Studies	1

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Career Paths — HND Nutrition and Dietetics

- Nutritionist
- Community Nutrition Officer
- School Nutrition Coordinator
- Public Health Nutrition Officer
- Dietitian
- Hospital Dietetics Technician
- Food Industry Nutritional Adviser

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